

SALSA FOR SENIORS

**Learn six basic salsa steps and fun choreos.
A low intensity workout designed for seniors.
Dance your way to better health in 2026!**

**Every Monday
No class on days the center is closed
TIME: 10 - 11 a.m.**



**Class located at the Bartlett Senior Center
1318 Cravens Ave., Torrance, CA**



**Register in class Instructor, Patricia Cecchi.
Available at no cost for registered members!**

For more information, please call: (310) 618-5918