


**SPRING
REPORTER
2026**

THE ATTIC

A Torrance Teen  Center

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Contact Us:

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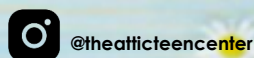
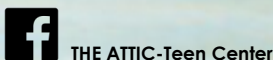
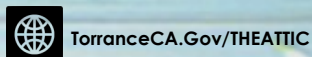
Operation Hours:

Monday—Friday
3:30—7:00 p.m.

Closed:

3/6/26, Spring Break 3/30/26—
4/3/26, 5/1/2026 & 5/25/26

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General Information

THE ATTIC is a place for high school students to get away from their everyday routines; a place that is committed to their voice and needs. The center is a drop-in program for 14-18 year-olds in the City of Torrance. The students must be Torrance residents or attend a Torrance high school. The programs are organized and implemented by high school students with adult supervision. Students have unique opportunities to plan and participate in special events, classes, activities, volunteerism, fitness, sports and much more.

THE ATTIC is an 8,000 square foot facility containing every type of necessary equipment and furniture that helps a student wind down after a long day. The front doors open to a giant living room setting complete with comfy, overstuffed couches, colorful chairs, stereo system, pool table, foosball, big screen TV, video games and a full service cafe! It's the perfect place for everyone!



THE ATTIC'S mission is to provide all Torrance high school students with a variety of recreational, academic, vocational and self-help programs, in an environment safely away from drugs, alcohol and gangs. This is accomplished through a balance of challenging activities and programs that are designed to enhance their physical, mental and

social skills while being in the company of friends and supportive staff. Students can gain self-esteem, advance socially and academically, and enjoy activities that spark life-long interests and success.

SPRING BUCKET LIST

- Go on a bike ride
- Read a book
- Have a picnic
- Watch the sunset
- Try a fitness class
- Spring clean
- Fly a kite
- Go on a color walk
- Shop small
- Visit the farmers' market
- Make sidewalk chalk art
- Make a D.I.Y. craft
- Make lemonade
- Make a healthy snack
- Clean up trash at your local beach (Earth Day)



Upcoming Events

Saint Patrick's Day Party

March 17 | 3:30 - 4:30 p.m. | Admission: Free

Join us for BINGO and festive treat for Saint Patrick's Day . Don't forget to wear GREEN!



March 19 | 5 - 6:30 p.m. | Admission: Free

Join us for an evening to help empower teens to make safe choices and hear real life stories from survivors who've experienced the consequences drinking and driving.

SPRING FESTIVITIES

April 6 | 3:30 - 4:30 p.m. | Admission: Free

Join us in a fun scavenger hunt for plastic eggs with treats around the ATTIC .

Pancake Breakfast

April 11 | 7 - 11 a.m. | Admission: Free

Join us for an all you can eat pancake breakfast celebrating our 27 -Year Anniversary. Donations are \$5.00 per person.

May Mental Health Month

May | 4 - 5 p. m. | Admission: Free

This month we focus on promoting the importance of mental health. We will lead practical and engaging events that offer various tools to help cope with stress, anxiety, and more. See our May calendar for more information.

MENTAL HEALTH CHECK-IN



Spring Classes

Classes begin the week of March 2, 2026 Participants must be members. All classes must have a five person minimum. For more information or to register for classes, call (310)782-8828.

HIIT Workout for Teens

Mondays | 4 - 5 p.m. | Admission: FREE

Location: Outdoor Basketball Court and Multi Purpose Room Get ready to move, sweat, and feel strong! This teen-focused HIIT class features short burst of intense exercise with quick recovery periods. Each session blends cardio, strength, and bodyweight moves to build endurance, boost energy, and improve fitness. All levels are welcome! Come challenge yourself and have fun in a supportive high-energy environment!

Work Out Wednesdays

Wednesdays | 4 - 5 p.m. | Admission: FREE

This class focuses on establishing life-long exercise and nutritional habits by learning basic strength training techniques. Build confidence by improving your fitness level.

College and Career Building

Third Thursday | 4 - 6 p. m. | Admission: Free

Need help figuring out life after high school? We got you! Each month we'll cover a different topic centered around college and career building.

***3rd Thursday of the Month**

Dungeons and Dragons

Fridays | 4 - 6 p. m. | Admission: FREE

Get ready to slay monsters and charm dragons! Dungeons and Dragons is a group storytelling game where the only limit is your imagination.



Torrance Community Services Department | Recreation Division
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"Creating and Enriching Community through People, Programs and Partnerships"